

2018 LiveWell Vermont Wellness Screenings

Northern Vermont

Know Your Numbers:

- Blood pressure
- Non-fasting blood sugar
- Cholesterol



2018 LIVEWELL INCENTIVE PROGRAM

Book Your Appointment on the Wellness Portal!

1. Visit <https://mybluehealth.bcbsvt.com>
2. Create an account/login at the [LiveWell Wellness Portal](#).
3. Complete your Personal Health Assessment found under the “Health” tab on your dashboard.
4. Register for your screening. Click “**Community**”, then “**Event Registration**”. Click the **clinic site, date & time**.
5. Add your appointment to your calendar by clicking on the icon upon registration.

MAY 2	BURLINGTON, 108 CHERRY STREET – 2 ND FLOOR, ROOM 2B	8AM-4PM
MAY 22	ST. ALBANS, STATE BUILDING, 27 FEDERAL ST – 2 ND FLOOR, ROOM 201 ST. ALBANS AOT, 680 LOWER NEWTON ROAD	8AM – 12PM 1PM – 4PM
MAY 24	ESSEX, GLOBAL FOUNDRIES, 1000 RIVER STREET, BUILDING 958, BOLTON VALLEY ROOM, 2 ND FL GLOBAL FOUNDRIES ID REQUIRED TO ACCESS SITE	8AM-4PM
JUN 15	COLCHESTER, VDH LAB, 359 South Park Drive, Training Room 2201	8AM-4PM
JUN 25	NEWPORT, STATE BUILDING, 100 MAIN STREET – 2 ND FLOOR, RM 250	10AM-4PM
JUN 27	COLCHESTER AOT, 189 TROY AVENUE, DISTRICT 5 CONFERENCE ROOM	8AM – 4PM
JUL 11	BURLINGTON, 108 CHERRY STREET – 2 ND FLOOR, ROOM 2A	8AM – 4PM
JUL 20	MORRISVILLE, 63 PROFESSIONAL DR, SUITE 3, AHS CONFERENCE ROOM	8AM – 4PM
JUL 25	WILLISTON, 289 HURRICANE LANE, RM. 201, SPARTAN CONFERENCE ROOM	8AM – 4PM
JUL 31	ST. JOHNSBURY, STATE BUILDING, 107 EASTERN AVENUE – VDH CONF. RM	10AM-4PM
AUG 8	BURLINGTON, 32 CHERRY STREET – SHELBURNE CONFERENCE ROOM	8AM-4PM

Completion of a Biometric Screening is worth 30 points in the 2018 Wellness: Your Way Incentive Program!

Questions? Contact LiveWell Vermont staff at 802-828-7308 or dmr.livewellvermont@vermont.gov